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www.KnoxvilleAthletics.com

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Game Status Info-Line: 865-215-4636 (updated by 4:00 pm daily)

ADULT BASKETBALL BY-LAWS LEAGUE & CITY TOURNAMENT

I. LEAGUE RULES

National Federation of State High School Association's (NFHS) rules will govern play with exceptions covered herein.

II. PLAYER ELIGIBILITY

- A.** All players must be eighteen (18) years old as of June 1 of the current year for the Summer League and December 1 of the current year for the Winter League, to participate in the Adult Recreational and/or Competitive League.
- B.** Players can play for only one team. No player can be borrowed from one team to play for another team.
- C.** Current professional, college, (including junior varsity, freshman team) Junior College, or Public/Private School players are not eligible for the recreational league.
- D.** Any player who has been proven ineligible will be suspended for the remainder of the season.

- E. Players in the Recreational Division must not have played collegiately in the last ten years and must not exceed 6' 6" in height.

III. TEAM COMPOSITION & REGISTRATION

A. Team Composition. A minimum of eight (8) players must be under contract in order for a team to enter the league. If the coach is a player, he/she will be included in this limit and his/her name must be listed with the other players' names to be eligible to play.

- 1. **Moving Players.** In order for a player to move from one team to another, he/she must obtain a written release from his/her original team and that release must be delivered to the Athletics Office at least 24 hours prior to playing for the new team.

B. Rosters and Contracts. Player contracts will be used to assist in controlling players playing on more than one team. The coach will present the contracts for each player and the team roster to the league supervisor prior to the first scheduled league game. Players may be added to the roster at the gym.

- 1. No contracts will be accepted over the phone.
- 2. **Roster Freeze.** Team rosters will be frozen after each team's 7th game. Teams must add players by contract on or before their 7th game.

C. Fees & Entry Deadlines. League fees must be received by the KPRD Athletics Office. These fees cover the cost of officials, scorekeepers, and secondary insurance for each player.

IV. SCHEDULES

- A. League Schedules.** Games will be played in accordance with schedules set up by the Knoxville Parks and Recreation Department with each team scheduled to play 8 games.
- B. Tournament Format.** The post season tournament will be double elimination. The tournament bracket and schedule will be available shortly after the final regular seasons games have concluded. There is a \$55 tournament fee. Rec Tournament will be played Sunday – Thursday. Competitive and Women's tournaments will be played on Sundays.
- C. Make Up Games.** Up to two games postponed during league play may be made up prior to the tournament if at all possible.
- D. Inclement Weather Info-Line.** In case of inclement weather or cancellations due to unforeseen circumstances, please call 215-INFO (4636) after 4pm on the day of the game or check the Twitter page.
- E. League Updates on Website.** All league schedules, standings, and tournament brackets can be accessed at <http://basketball.KnoxvilleAthletics.com>
- F. Standings.** League standings are based on W/L Record, Points Allowed, Points Scored, Coin Flip. After all games have been played, a head-to-head result will be the first tiebreaker used if teams have the same W/L Record.

V. GAME TIMING REGULATIONS

A. Length of Game. Each game will consist of two sixteen minute halves.

B. Running Clock. The game clock will only stop during time-outs, player injuries, or issues with game equipment until the final three minutes of the first and second halves unless a team leads by 25 or more points.

C. Timeouts. Each team is allotted 3-60 sec. timeouts and 2-30 sec. timeouts per game. Each team is allowed one additional timeout for each overtime period. Players must remain standing during 30 sec. timeouts.

D. Overtime. Overtime periods will be three minutes each with time stopping on dead balls during the last two minutes.

E. Halftime. There will be a maximum of five minutes between halves.

F. Team Line-Ups. Team line-ups are due to the official scorer fifteen minutes prior to the scheduled game time. If the line-up is not in place by game time, a forfeit will result. This is the responsibility of the coach. Team lineup shall have first name, last name, and jersey number of each player. Adding players to the official scorebook will result in a Technical Foul.

G. Grace Period. A grace period of fifteen (15) minutes will be given for the 6:00PM and 1:00PM game each day, but NO grace period for any games following the first game. Teams that play games following the first game must be ready to play at their scheduled game times or forfeit.

H. Team Forfeits. A team must have four or more players before a game can start. If a team does not have four eligible and contracted players of its own at the end of the grace period, that team will have a loss recorded in the league standings. If both teams do not have the minimum four players, both teams will receive a loss in league standings. A forfeit will be listed as 2-0 in league standings.

VI. GAME RULES

A. Dunking. No dunking. Dunking is defined as the driving, forcing, pushing or attempting to force a ball through the basket with the hand(s). Dunking is not prohibited in the Competitive League.

B. Free Throw Release. Players may release to rebound after the ball has been released by the free throw shooter.

VII. OFFICIALS & GAME MANAGEMENT

A. Officials. The Knoxville Parks and Recreation Department will schedule and pay for two officials per game. If only one official is present at game time, the game will be played as scheduled.

B. Game Management. The Knoxville Parks and Recreation Department will schedule and pay scorers and/or timers for each game. In the event either or both are absent at game time, league management will make the necessary adjustments.

VIII. EQUIPMENT

A. Game Ball. The Knoxville Parks and Recreation Department will furnish the game ball.

- B. Team Jerseys.** In the interest of organization, players must wear jerseys alike in color, lettering, and trim. Jerseys must have numbers on the front and or back (4"high front/6" high back and centered). Each team will be responsible for providing and wearing their own uniforms. Any team not in compliance will receive a team technical foul at the beginning of the game.

IX. CONDUCT

- A.** Sportsmanlike conduct is strongly emphasized and conduct other than that will be dealt with thoroughly by the Athletic Coordinator. Suspension of players, coaches, and teams are possible recourses in dealing with fighting and abuse of an official.
1. A player is ejected if assessed a second technical foul in a game.
 2. A team is forfeited and the game abandoned if a team is assessed a third technical foul in a game.
- B.** Any player leaving the team bench to participate in any type of altercation, verbal or physical or ***"to break up a fight"*** will face suspensions of future games, the remainder of the season, or a longer period of time where the those involved could be suspended from all KRPD leagues.
- C.** Please see the attached documents which include the KPRD Verbal and Physical Abuse policy and other documents.

X. ARBITRATION BOARD

The Knoxville Parks and Recreation Department will rule on all protests and disputes regarding eligibility and misinterpretations

of the rules. All decisions will be final. The protest must be filed with the League Supervisor. The issue may be resolved immediately. The protest must also be submitted in writing, along with a \$50.00 protest fee (check only, made out to The City of Knoxville) to the Office of the Athletic Coordinator by 1:00PM the next day or Monday if the problem occurs on a Friday or Saturday; otherwise, no action will be taken. Please note, eligibility protests must be presented prior to the end of the game and if upheld, forfeitures could result. Tournament protests must be ruled on at the time of incident. The \$25 protest fee will be refunded if the protest is successful.

XI. TOURNAMENT ELIGIBILITY

- A.** Tournament entry fee is \$55.
- B.** A player is eligible for post-season tournament play if he has played in 3 regular season games with his team.
- C.** Teams may not pick-up players for the city tournament.

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For updated league information, please log on to
www.KnoxvilleAthletics.com **then click on “Adult Basketball”**

Follow us on Twitter @knoxathletics

For game information, please call 865-215-4636 for status of games daily
(updated by 4:00 pm)

RULES OF CONDUCT

Recreational sports are provided by the Knoxville Parks and Recreation Department for the enjoyment of Knoxville residents. Games are meant to be fun and played in a spirit of competition.

Actions that endanger, embarrass, or detract from the goals of recreational sports sponsored by the Knoxville Parks and Recreation Department will not be tolerated. These simple common-sense rules will be enforced:

***FANS:** Fans are urged to come to games and cheer for their teams. Encourage your players. Insulting or abusing players on other teams or game officials will not be allowed.

***PLAYERS:** Players can encourage and cheer for their teammates. Players will not be allowed to verbally abuse or physically threaten game officials.

***COACHES:** Coaches are the authority figures for their teams and they have a responsibility to help keep order among players and fans. Coaches are allowed to

question an official's calls, but under no circumstances are coaches permitted to verbally abuse or threaten or physically strike an umpire.

*OFFICIALS: An official's responsibility is to call games to the best of his or her ability and to maintain order at all times. An official is the final authority at the facility. Officials are not to use their authority to intimidate or treat players and coaches unfairly.

Any incident that violates any of these aforementioned rules is to be reported to the gym supervisor immediately. Players, coaches, and fans are not to verbally abuse or physically threaten officials before, during, or after a game. An official is instructed to report any incident immediately if he or she has been treated unfairly.

Any violation of these rules will result in ejection or suspension of the offending party from league participation. The goal of recreational sports is to have fun. People who conduct themselves in a disrespectful manner take the fun out of the program for everyone else.

Thank you for your help in making our program more enjoyable for everyone.



Conduct Violations and Penalties

Be advised that the following description of violations and penalties will be enforced to the letter and will serve as guidelines for any violations that may not be covered herein.

Four game suspensions (next four games) will be the result of any actions that result in a player's/coach's/fan's ejection from a game. Upon ejection from the game, that player/coach/fan must leave the building and/or grounds and not return until the next scheduled game after the suspension is completed.

Players will be suspended for the remainder of the season as a result of illegal participation (i.e. playing in a game without having all necessary documents turned in, playing on more than one team in the league, playing under an assumed name, etc.). All games that player played in will be forfeited.

An indefinite suspension, with a minimum of two years, is the result of the following:

1. Fighting – both parties along with any member of either team who leaves the bench area. (See Physical/Verbal Abuse Policy)
2. Verbally or physically threatening in any form a player, coach, spectator, or any employee of the Knoxville Parks and Recreation Department (i.e. scorers/timers, league supervisors, game officials, center leaders, and administrative personnel, etc.).
3. Destruction of any part(s) of facilities used for our programs.
4. Refusing to leave the building and/or grounds after being ejected from a ballgame.

***Any person(s) ejected & suspended are to leave the facility and its premises immediately and not return until the suspension is completed.**



UNSPORTSMANLIKE CONDUCT POLICY FOR YOUTH & ADULT ATHLETICS

The City of Knoxville Parks & Recreation Department (KPRD) strives to promote the benefits of participating in team sports, such as team work, physical conditioning, sportsmanship, character-building, and social development. Unsportsmanlike conduct which undermines the good in sports will not be tolerated. Examples of unsportsmanlike conduct included, but are not limited to, fighting/physical altercations, verbal abuse and/or harassing comments, and moral/ethical decisions that go against league rules or endanger the safety of any individuals.

Definitions of Potential Incidents

- **Unsportsmanlike Conduct** – Conduct unbecoming to a sportsman, such as fairness, courteous relations and acceptance of results. Any incident not defined below may result in penalties consistent with others as outlined in this policy.
 - **Fighting / Physical Altercations** – A hostile encounter with another party or parties, resulting in a physical struggle or contact, will be defined as a “fight”.
 - **Verbal Abuse** – The intentional act of insulting another individual through oral measures with the aim of offending, use of abusive language, tormenting others, and baiting of individuals.

- **Use of Racial and/or Gender Epithets** – Any use of racial or gender epithets used in reference to an individual's race, color, gender, or sexual orientation.

Definitions of Individuals Involved:

- **Leader/Coach** – an individual who holds any supervisory position, including but not limited to coaches, assistant coaches, program officials, program supervisors, and league commissioners
- **Participant** – an individual, other than a leader or fan/spectator, who takes an active part in the sporting activity that KPRD sponsors
- **Fans/Spectators** – an individual who participates in a sporting activity by demonstrating support without taking a leadership or participant role in that particular event.

Examples of Punishments (may be increased depending on specifics of incident):

- Ejection from a game (or incident occurs following game and person is removed) – 4 game suspension
- Fighting / Physical Altercation or Threat – 1 year
- Additional incidents at any time –
 - 1 year (if a 4 game suspension)
 - 2 years (or lifetime) if original punishment was 1 year or longer

Process Following Incident:

- **Immediately following incident** - Any person(s) ejected or asked to leave a facility/property shall leave immediately. The game shall not continue until the person(s) has been removed. Failure to comply with leaving may result in forfeiture of game and league staff contacting the Knoxville Police Department. Individuals in violation of this policy will be notified, if at all possible, by phone call, email, or letter.
- **Appeal Process** – Individuals may request an appeal hearing to further discuss incidents. The individual must request an appeal hearing with the Athletics Coordinator within 7 days of being notified of the punishment. The decision of the appeal hearing shall be final and not subject to further review. The initial punishment remains in effect
- **Serving Punishment** – Any punishment levied applies to all City of Knoxville athletics programs. If individual is a coach, he/she must turn in their ID badge until approved to coach again. Failure to comply with punishment shall result in immediate ejection, in addition to the punishment timeframe, and may result in the person being added to KPRD's No Trespassing List. Depending on the situation, the game may also be forfeited.